



BOWER HILL SWIM CLUB - GROUP SWIM LESSONS



Tuesday and Thursday

July 7th – August 13th

11:00 AM – 12 Noon

Sessions will be cancelled only when it is unsafe for the children to swim. *Clinics are held in rain or chilly weather.* Classes cancelled due to weather or holiday will be rescheduled that week when possible.

Fees: \$120/child for entire season (members only), \$15/class (members only)

Lessons will last for approximately 45 minutes.

These lessons are designed for children 3 years of age and older who:

- Have never taken lessons before or are still uncomfortable putting their face underwater
- Need to develop basic swimming skills and strokes
- Want to go off the diving board or go down the slide!

Interested in private lessons please inquire at swimteam@bowerhillpool.com

Questions? Contact Carly Beer at swimteam@bowerhillpool.com



Bower Hill Group Swim Lessons Registration

Make checks payable to Bower Hill Swim Club and Mail with this form to:

Bower Hill Swim Club, P.O. Box 13117, Pittsburgh, PA 15243

Parent Contact Name _____

Home Phone _____ Cell phone _____

E-mail _____

Rate your child's **comfort in the water** from a scale of 1-5 (1 being afraid of the water to 5 having no fear at all)

Also rate their **ability** as follows:

1 - afraid of water

2 - will get in water but not leave side

3 - can push off side and kick with head above water

4 - flutter kick holding kickboard unassisted

5 - doggie paddle with face in/under water

6 - can swim a short distance-needs skill work

7 - swims underwater

8 - uses side or front breathing

Child's Name _____ Age _____ Comfort Level _____ Ability _____

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Please list any medical condition or allergies. _____